

- 1 Do you have a grocery list? If yes, what does your usual grocery list look? *So, my grocery list usually looks like this: whole milk, eggs, cornflakes, white bread, orange juice, grape juice, fruit on the bottom yogurts, tortilla chips, salsa, ground beef, beef sausages, hot-dog buns, canned soup, canned vegetables like green beans. protein energy bars, cheddar cheese, tortillas, canned baked beans, bananas, wine, beer, coffee sleeping pills,*
- 2 How much time do you spend planning around groceries? How often do you go? *I usually give my grocery list to my mother in law, as she is the only one in our household who has time to do the shopping.*
- 3 How do you manage your time? *I'm not sure what you mean by this because I don't feel like I manage my time, I feel like my time manages me! In other words, I don't have free time to manage. I work 9 hour days and then I go to school. Then I come home eat, watch a show, if I'm lucky to get home early enough, and fall into bed. The time I do have on the weekends is more or less managed by my boyfriend who suggests things to do, and I usually go along with what he wants because I want to make him happy and reduce friction in our household. You know what I mean...(* you might infer here that Danika is in an abusive relationship- either verbally or physically. 29% of women in the US have been physically assaulted by their male partners, and 35% have experienced emotional abuse. This problem is across ethnicities, and economic brackets.)*
- 4 You mentioned you feel a responsibility to do things on your own, what things would you like to do with other people? *I would like to go out dancing with other people, but I don't know anyone who likes to do that. I don't even know where to start with that...my boyfriend only likes to dance if he's drunk! Sometimes I dance alone in my kitchen at night with my headphones on when everyone else is asleep. I guess I would also like learn another language like Spanish. I think it would help me a lot in my future law career. I'd love to take a trip to Mexico with like minded people...*

- 5 Please describe your ideal community (how often you would like to meet, what type of people) *My ideal community includes women from my neighborhood, from my church and from my law classes. There are women in each of these environments that I enjoy being around. They all have different priorities and lives, but they all have a special wisdom they bring into my life. Sometimes it's the little bits of wisdom that they share with me at random times that gets me through the day. Gets me through the hard moments.*
- 6 How has your lifestyle changed since living with your partner and mother-in-law? *I moved in with my boyfriend four years ago. My life feels more chaotic actually. I thought sharing expenses would be the wise thing to do, considering my student status, however, the stress of his moods can be overwhelming. I think he cares about me, but he is impatient and sometimes we have misunderstandings. His mom moved in when his dad died. We couldn't let her live alone...she needs her son.*
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- a How do you feel about your personal space at home? *I share a room with my boyfriend, and his mom took what used to be my office as her bedroom. Now I study in the living room on the sofa, but that is hard when my boyfriend is watching his sports games. Sometimes I just want silence in the house, but the TV is always on, his mother in law is usually cooking in the kitchen, and the dogs are outside barking at the neighbors...the public library here is great, but it's far from my house. When I do get myself there, I love it. I could stay there for hours.*
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- 7 How has your relationship with your sister changed, if it has? *I have three sisters, they all live in different cities, but we stay in touch with Facebook and texting. We used to be closer as kids, but they all took separate paths and I don't see them much anymore. They remain close to my heart.*

- 8 What have been positive influences on your life and why did you choose them? *Well, my boyfriend was a positive influence on my life, especially at the beginning of our relationship. He made me feel special. Now, I think we are both so stressed with work and finances that the positivity has kinda worn off...I am hoping a child will turn that around for us. I also think making the decision to go back to school was a good one, even though sometimes I regret the energy and time it takes. I look forward to reaching my goal of becoming a family lawyer in the next 4 years or so.*
- 9 Please describe a current role model and why you chose them. *Hmm. It might sound funny, but one of my role models is Beyonce. She is such a go-getter. She knows what she wants and just runs after it. She is gorgeous, amazingly talented and an excellent role model for young girls. I also really respect Michelle Obama and Loretta Lynch.*
- 10 When have you felt in control? *That's an interesting question. I think most of the time I feel out of control. However, when I am studying for my law classes I feel most in control. I think it's because my studies are something that I do just for me.*
- 11 When do you feel strong? Healthy? Loved? *I feel strongest after I succeed with my work in my law classes. I feel healthiest after I walk to the train station, and I feel most loved when I am with my close girlfriends.*
- . How often in a month?
- 12 What are your friends like? *My friends are better than me. In other words, they have reached their career goals faster than I have. They inspire me to do better. That doesn't mean they don't have their own problems...I mean, they have problems too.*
- 13 How much time do you spend with your friends? *Probably about 6-7 hours every weekend.*
- 14 How do you feel when you consume alcohol? *I feel like I can finally surrender to doing nothing and relax.*
- 15 How often are you on your phone? *I'm not a phone addict*

simply because I don't have time to be! I usually have my head in a law text book or a file at work. I probably check my phone 3-4 times a day.

. Social media? When do you use it and how do you feel about it? *I use Facebook to stay in touch with family and friends who live far away. Sometimes I get depressed using it because everyone looks happier than me.*

16 How do you think your life will change when you become a family attorney in 4 years? *I think that money will be less of an issue, and that I can relax about monthly bills. I also think that I will enjoy feeling more "in charge" rather than feeling like an "assistant." I want to open my own office.*

17 If you had a baby, what would be different in your life? How would your time management change? *Well, that's another reason I am in law school, so I can afford daycare while I am at work. It's so expensive! At that point, I will no longer be at school during the evenings. I will be with my baby at night and weekends.*

18 How has your living situation changed over the last 5 years? *I went from living with two female roommates to living with my boyfriend. I have been a paralegal for about five years now. Sometimes I think life was a lot easier back then. Relationships are very hard...*

19 What motivates you? *My alcoholic loser mother. She let me down in so many ways, and I don't want to resemble her in any way shape or form.*

20 Please describe a time when you felt anxious but found a way to overcome the issue(s?) *The last time I felt anxious was on the train when a strange guy came and sat next to me even though there were seats everywhere. I overcame my anxiety by avoiding eye-contact and reading my book. He finally got up and left me alone, but I was seriously afraid he was going to attack me. I tried to ignore the issue, but my heart was beating really fast. I tried to just breathe normally.*

How do you feel about meditation and mindfulness? *I don't know that much about it, but I would be willing to learn. I can't afford*

medications for anxiety except sleeping pills from the grocery store.